

4.2 Uncoiling The Blade

See Figure 4-4. Take the three-loop coil in your right hand. Place the band against your palm with the blade teeth pointing outward toward your fingers. Slide the top loop off and let drop.



FIG. 4-4

See Figure 4-5. The remaining two loops of the blade will form a cross. Hold this crossed section out in front of you with the blade teeth pointing toward you. If the right side is crossed OVER the left, hold the crossed section with your right hand. (If the left side of the blade is crossed OVER the right, hold the crossed section with your left hand.)



FIG. 4-5

See Figure 4-6. Keeping the blade in its crossed position, take hold of the side crossed UNDER with your other hand. Use your right (or left) hand to hold only the side crossed OVER. Place your thumbs on the top side of the blade. Put your fingers on the underneath side of the blade.



FIG. 4-6

See Figure 4-7. Hold the blade out and away from you. Slowly move your hands apart while rotating your forearms down and outward.



FIG. 4-7